



ABOUT

Mitera is a national telehealth provider that helps optimize reproductive outcomes by extending access to services that help predict, prevent or address the vast majority of conditions that impact pregnancy health.

As part of its services, Mitera offers virtual consultations with Maternal-Fetal Medicine (MFM) physicians, who are doctors that pursue advanced training after completing a residency in OB-GYN giving them specific expertise in the medical, obstetrical and fetal complications of pregnancy.

**MATERNAL-FETAL
MEDICINE
(MFM)
SERVICES**

Your fertility clinic has partnered with Mitera through ARC Fertility in providing you access to Mitera's services, ensuring that the risk factors involved in your reproductive journey are identified and addressed, and that your outcome is optimized.

Predict. Prevent. Prepare.



AVAILABLE TELEHEALTH OFFERINGS

60 Min. MFM Preconception Consult

Advanced age or adverse history - \$509

MFM Clearance of a Gestational Carrier

Full medical review, consult and report - \$535

45 Min. Genetic Counseling

Counseling on family history and test results w/ a genetic counselor - \$225

60 Min. Nutritional Coaching

Pregnancy-specific session w/ a dietitian - \$225

The above fees are discounted rates (10% off standard fees) and are provided to you through ARC Fertility. Ask your Treatment Coordinator about adding a service to your ARC package.



**TO
BOOK**



<https://www.miteraperinatal.com/arcmfm>